

1. Day care from 8.00am to 7.00pm
2. Available 7 days per week
3. One-off or regular days (minimum three hour period)
4. Meals and snacks included.
5. Special diets catered for
6. Medication administered
7. Bathing (small extra charge)
8. Hairdressing, chiropody, dentist, opticians etc. (at cost)
9. Activities daily
10. Garden and walking areas



Person Centre Care for the Care Assistant

1. Realize you have to adapt to their world.
2. Work within their reality rather than yours.
3. Realize that “One Size Doesn’t Fit All” when it comes to what will and what won’t work for each individual.
4. Realize that flexibility is the key.
5. Remember to promote independence and dignity allow the person to participate.
6. Realize that *Success* means adapting the task to whatever the highest level happens to be.
7. Realize that the *participation* is more important than the net result, and celebrate the process regardless of the outcome.
8. Understand that you need to “Do What It Takes” when the tried and true have not been effective.
9. Realize that the family is an equal partner in the caregiving process.
10. Understand that through your caregiving, *you* hold the key to the success of their journey through this disease.

Glenside Care Home

179 - 181 Weedon Road
Northampton
NN5 5DA

Tel: 01604 753104

Email: postmaster@glensidecarehome.com

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Focusing on
Dementia & Mental
Health Care

This brochure is also available in
large print versions, audio and other
languages on request.

**Day Care Services
available to suit
all needs.**



www.glensidecarehome.com

 **Glenside**
CARE HOME

Tel: 01604 753104

Person Centre Care

Glenside Care Home is owned by Glenside Care Home Ltd. We are registered with the Commission for Quality Care for 30 residents over 40 years of age with dementia & mental health issues.

Glenside Care Home has been awarded Four Roses by Northamptonshire County Council and the Heartbeat Award by Northampton Borough Council. We have also achieved the prestigious Investor in People award. Glenside is a member of Norarch (Northamptonshire Association of Registered Care Homes), the NCA (National Care Association) and the Northamptonshire Chamber of Commerce.

Glenside Care Home is a large residence set in its own landscaped grounds. Set on one of the main access routes to and from Northampton, it is easily accessible from all parts of Northampton and the surrounding areas.

Glenside Care Home tries to offer its residents a home from home atmosphere in spacious and peaceful surroundings. Residents are encouraged to use the facilities and the patio and gardens as they wish.

Glenside Care Home is only one mile from Northampton town centre and is within a few hundred yards of shops, chemists, banks, post office and superstores. The Home is on main bus routes and only half a mile from the railway station.

We want to offer Day Care services to suit your needs. We understand the pressures involved in caring for someone with dementia or mental health issues. We can include services, such as bathing, to help you through your day to day care needs. This can be done on one-off session or by regular days per week or month.

Our staff are trained to care for people with differing levels of need. They all receive core training in care, moving and lifting, basic first aid and food hygiene. Most of our staff are trained to at least NVQ level 2 and our shift leaders to NVQ level 3.

Subject to your enquiry, we would arrange to meet you and the person needing care. We would run through an assessment process with you both.



This would either be at your home or at Glenside. In any event, we would encourage you to visit Glenside to view our services and ask any additional questions you may have.

If you wanted to proceed with a day care service then we would ask you to complete one of our personal history questionnaires. With this, we will try to build up a picture of the individual and adapt our day care around this. We would try to focus activities to them as well as having communal activities. These are organised by our own staff as well as external entertainers.

We hope our service would allow your loved ones to meet new people and makes friends and at the same time allow you to have some quality time.

We can offer day care services from 8.45am to 6.00pm. We are happy for our service to be used for a few hours as a one off or on a regular day to day basis. All day care rates include meals, drinks and snacks.

**For more information and our rates,
please contact
Sandra Gamble
on 01604 753104.**

 **Glenside**
CARE HOME