



Menu Week 4 - Sample Copy

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch							
Main Course	Chef's Steak & Kidney Pie(8)	Savoury Minced Beef (8)	Salmon Crumble(8)	Curried Lamb, Potato & Tomato(8)	Smoked Haddock & Vegetable Bake (8)	Braised Steak & Mushrooms (8)	Sliced Turkey in Gravy(8)
Main Course	Chicken In Black Bean Sauce (8)	Faggots In Onion Gravy (6)	Sliced Gammon & Pineapple (8)	Potato Topped Bacon Pie(8)	Chicken & Ham Pie (8)	Pork & Apple Casserole (8)	Stuffing Balls (8)
Potato	Mashed Potatoes(12)	Mustard Mash(8)	Potato Wedges(8)	White Rice (6)	Saute Potatoes(6)	Mashed Potato(12)	Traditional Roast Potatoes (8)
Potato	Vegetable Rice(8)	Boiled Potatoes(8)	n/a	Croquette Potatoes(8)	n/a	Boiled Potato(8)	Mashed Potato(12)
Vegetable	Cut Green Beans(8)	Mushy Peas(12)	Sliced Carrots (8)	Cauliflower(8)	Peas(8)	Mixed Vegetables(8)	Cabbage (8)
Vegetable	Sliced Carrots(8)	Mashed Swede(8)	Broccoli(6)	Brussel Sprouts (8)	Carrot Tips(8)	Broccoli(6)	Mashed Root Vegetables(8)
Dessert	Syrup Sponge(8)	Mixed Fruit Pie(8)	Plum Crumble(8)	Jam Sponge(8)	Raspberry & Apple Pie(8)	Apricot Crumble(8)	Chocolate Sponge with
Accompaniment	Custard	Fresh Cream	Custard	Custard	Ice Cream	Custard	Fresh Cream
Dessert	Clotted Cream Rice Pudding(8)	Brakes Sherry Trifle (15)	Chef's Rice Pudding(8)	Cooked Apricots(8)	Semolina Pudding(8)	Stewed Apple(8)	Butterscotch Rice Pudding (8)
Tea	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Option	Scotch Broth with a Roll & Butter(8)	Vegetable Herb Soup with a Roll & Butter(8)	Mushroom Soup with a Roll & Butter(8)	Tomato Vegetable Soup with a Roll & Butter (8)	Leek & Potato Soup with a Roll & Butter(8)	Chunky Vegetable Soup wit a Roll & Butter(8)	Carrot Soup with a Roll & Butter(8)
Option	Macaroni Cheese(6)	Steak Slice (26)	Baked Cheese,Leek & Egg Pie (6)	Whole Jacket Potatoes (10)	Pasta,Mushroom & Leek Mornay (6)	Cauliflower Cheese (6)	Chicken,Bacon & Cheese Crispbake (6)
Option	Broccoli(6)	Baked Beans (12)	Peas(8)	Baked Beans (12)	Potato Wedges (8)	Croquette Potatoes (8)	Bean Goulash (6)