

## Menu Week 3 - Sample Copy

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lunch</b>							
Main Course	Vienna Steak In Sauce (6)	Sheperd's Pie(8)	Sweet & Sour Chicken ((8)	Sausages in Onion Gravy(6)	Battered Fish(4)	Corned Beef Hash (6)	Roast Pork in Gravy(8)
Main Course	Vegetable Curry (6)	Toad in the Hole (6)	Lancashire Hotpot(8)	Meatballs In Tomato Sauce (8)	n/a	Lamb & Mint Pie (8)	n/a
Potato	Croquette Potatoes(8)	Potato Lyonnaise(8)	Vegetable Rice (8)	Boiled Potatoes(8)	Chips (6)	Potato Wedges(8)	Traditinal Roast Potatoes (8)
Potato	White Rice(6)	n/a	West Country Cheddar Mash(12)	Potato Wedges(8)	n/a	n/a	Mashed Potato (12)
Vegetable	Mixed Vegetables(8)	Carrot Tips(8)	Vegetable Medley (8)	Brussels Sprouts (8)	Mushy Peas (12)	Sweetcorn(8)	Mashed Swede(8)
Vegetable	Peas(8)	Peas(8)	Red Cabbage with Apple & Port(8)	Cauliflower(8)	Peas(8)	Broccoli(6)	Cabbage(8)
Dessert	Mincemeat & Apple Tart(8)	Sticky Toffee Pudding(8)	Apple Crumble(8)	Syrup Sponge (8)	Rhubarb Crumble(8)	Somerset Apple Cake(8)	Bread & Butter Pudding(8)
Accompaniment	Fresh Cream	Custard	Custard	Custard	Custard	Ice Cream	Custard
Dessert	Tapioca Pudding(8)	Cooked Apricots(8)	Chef's Rice Pudding(8)	Semolina Pudding(8)	Brakes Tiramisu (14)	Rice Pudding With Sultanas(8)	Stewed Apple(8)
<b>Tea</b>							
Option	Minestrone Soup with a Roll & Butter(8)	Chicken Broth with a Roll & Butter(8)	Pea & Ham Soup with a Roll & Butter(8)	Minestrone Soup with a Roll & Butter(8)	Tomato Soup with Roll & Butter (8)	Chunky Vegetable Soup with A Roll & Butter(8)	Red Lentil Broth with a Roll & Butter(8)
Option	Three Cheese Pizza ((6)	Fishcakes (8)	Cauliflower & Broccoli Pasta (6)	Cheese & Tomato Omelettes (5)	Vegetable Crumble	Quiche Lorraine (8)	Tuna Pasta Bake (6)
Option	Potato Wedges(8)	Mushy Peas(12)	Saute Potatoes (6)	Baked Beans (12)	Saute Potatoes (6)	Potato Croquettes(8)	Sweetcorn (8)